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Trading Symbol: VGZ NYSE American and TSX Stock Exchanges

NEWS	
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Vista Gold Corp. To Present At Dahlman Rose 4th Annual Precious Metals Conference

DENVER, Jan. 7, 2013 / PRNewswire / -- Vista Gold Corp. (TSX & NYSE MKT: VGZ) ("Vista") is pleased to announce that Fred Earnest, President and CEO, will present at the Dahlman Rose 4th Annual Precious Metals Conference in New York on Wednesday, January 9, at 1:30 pm ET. Mr. Earnest will provide an update on Vista's world-class Mt. Todd gold project as well as a corporate overview.

A webcast of the presentation will be available online at http://wsw.com/webcast/dahlman18/vgz/. The presentation will also be available on Vista's website www.vistagold.com following the event.

About Vista Gold Corp.

Vista is focused on the development of the Mt. Todd gold project in Northern Territory, Australia, to achieve its goal of becoming a gold producer. Vista is advancing exploration on its Guadalupe de los Reyes gold/silver project in Mexico and has granted Invecture Group, S.A. de C.V. a right to earn a 62.5% interest in the Las Cardones gold project in Mexico. Vista's other holdings include the Awak Mas gold project in Indonesia and the Long Valley gold project in California. For more information about our projects, including technical studies and resource estimates, please visit our website at www.vistagold.com.

For further information, please contact Connie Martinez at (720) 981-1185, or visit the Company's website at www.vistagold.com.

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